



PICKLEBALL PERFORMANCE PROGRAM



Package	What's Included	Price
Pickleball Performance Base 4-Pack	Over the course of 4 visits: <ul style="list-style-type: none">● Assessment of your training and injury history● Musculoskeletal examination including: posture, agility, strength, range of motion, and balance● Detailed report of physical exam findings● Implementation of an individualized exercise program● Manual therapy, as indicated	\$700
Pickleball Performance 6 Pack (Recommended)	Base 4-Pack with 2 additional follow up appointments to progress your customized training and reassess your progress <ul style="list-style-type: none">● Implementation of customized training program to fit your specific needs	\$ 900
Pickleball Performance 8 Pack (Best Value)	Base 2 Pack with 6 additional follow up appointments	\$ 1100

Cooperative Performance & Rehabilitation»

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(Call or Email now for more information)