

Mental Health Professionals/Profesionales de Salud Mental

Call 911, not a counselor, if in mental health crisis.

Free 24 hour Crisis Intervention

National Suicide Prevention Hotline, available 24 hours 7 days per week

1 (800) 273-8255/1 (800) SUICIDE

Crisis Text Line: Text “start” to 741-741

White Bird Crisis Intervention: (541) 687-4000 (24/7)

341 E 12th Ave, Eugene OR 97401

The Child Center Crisis Response Program: 1-888-989-9990

Same-day Services

Center for Family Development: (541) 342-8437

261 E. 12th Avenue, Eugene, OR 97401

Same-day assessments are available on a first-come, first-served basis. Go to their office beginning at 8:00am, Monday - Friday to complete the opening paperwork and to be added to the afternoon schedule later that day.

School based *services of Lane County Mental Health: Screening Line (541) 682-1915*

Churchill High School, North Eugene High School, Springfield High School

Insurance (*Take OHP/Trillium)

**Strong Integrated Behavioral Health: (541) 393-5983*

66 Club Road, Eugene, OR 97401

**The Child Center: (541) 726-1465*

3995 Marcola Road, Springfield, OR 97477

**Eugene Center for Stress and Anxiety: (541) 357-9764*

101 E Broadway Suite 400, Eugene, OR 97401

**Options Counseling Service: 541-762-1971*

175 West B Street, Bldg. D, Springfield, OR 97477 Phone: (541) 687-6983

Bicultural bilingual mental health services.

**PeaceHealth Behavioral Health Services: 458-205-7000*

1255 Hilyard Street, Eugene, OR 97401

**Thrive Behavioral: (541) 246-7263*

995 Willagillespie Rd #200, Eugene, OR 97401

Vista Counseling: (541) 517-9733

1551 Pearl St, Eugene, OR 97401

Low Cost/Sliding Fee

UO Psychology Clinic: (541) 346-4954

University of Oregon Campus in Straub Hall (1451 Onyx Street, Eugene OR 97403)